

## **P-05-1045 To make shared-decision making and monthly mental health care-plan reviews a legal requirement**

This petition was submitted by Tesni Morgan having collected a total of 1,462 signatures.

### **Text of Petition:**

On the 27th of August 2020 our darling Bronwen took her life after a long battle with her mental health.

We as a family truly believe that it could have been prevented. During the last 6 months of her life, Bronwen's mental health deteriorated drastically. She was making multiple attempts to take her life, putting herself in dangerous situations on a regular basis. Bronwen was hopeless, her current care-plan was not fit for purpose and she and the family were begging for something to change.

### **Additional Information:**

We begged to be listened to, so did Bronwen. We were ignored.

We are striving for shared decision making and regular reviews of mental health care and treatment plans. We also call for an opportunity for next of kin to contribute to those reviews. The current NICE guidelines state that shared decision making is essential in order to meet the needs of the patient.

NICE states that shared decision making is important for:

Different choices to be made available to the patient and are discussed openly.

The ultimate decision to be reached together by the health professional and the patient.

To help health and social care professionals to tailor the care or treatment to the needs of the individual.

This in was NOT the case for Bronwen. Shared decision making is ESSENTIAL for patients to receive the best care that is tailored to their individual needs.

**Senedd Constituency and Region**

- Cardiff Central
- South Wales Central